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Military researchers have reported that nearly one in five of the more than two million U.S. service

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members who have been deployed to either Iraq or Afghanistan have returned with an array of signs and symptoms that we are now calling post-deployment syndrome (or PDS). These official, conservative estimates confirm that at least 400,000 U.S. troops have been impacted with PDS.

Post-Deployment

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Post-deployment
Syndrome (PDS) Post-
deployment syndrome
is a collection of
symptoms that are
consistent in nature
and impact day-to-day
functioning for a
minimum of three
months (Cifu 2010).
Persons typically have
at least two of the
following: mild
traumatic brain injury

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or concussion, post-
traumatic stress
disorder, major
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**Post-deployment
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Many service members
and veterans report
chronic unexplained
symptoms such as
pain, fatigue and
memory complaints,
which have most
recently been
characterized as post-

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deployment syndrome (PDS). Chronic widespread pain is a component of this syndrome, producing significant disability and considerable health care costs.

**Central sensitization
as a component of
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Syndrome and the
typical symptoms that
go with that, usually by
the time that occurs,
you're a minimum of 3
months after injury or
after deployment,
sometimes 6 months, 2
years.

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blend of state-of-the-art traditional and holistic medicine, and teaches the value of mindfulness, movement ...

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Overcoming post-deployment syndrome : a six-step mission to health. [David X Cifu; Cory Blake] -- David Cifu and Cory Blake work at the Hunter Holmes McGuire Polytrauma Rehabilitation Center, one of only four comprehensive inpatient, residential and outpatient centers of excellence for polytrauma ...

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