

Smarter The New Science Of Building Brain Power Dan Hurley

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Smarter The New Science Of

The new study showed that people can increase their “fluid” intelligence through training. Hurley, who grew up to become an award-winning science journalist, first explored the topic in The New York Times Magazine. In Smarter, he digs deeper by meeting with the field’s leading researchers—and becoming a human guinea pig. After just three months of playing computer brain-training games, joining a boot-camp exercise program, learning to play the Renaissance lute, practicing mindfulness ...

Smarter: The New Science of Building Brain Power: Hurley ...

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Smarter: The New Science of Building Brain Power, Hurley ...

The new science of building brain power may be said to have truly kicked off in 2002. In that year, Swedish psychologist Torkel Klingberg performed a study wherein he found that subjects diagnosed with ADHD improved in both attention span and general intelligence after undergoing a brain-training program that involved working-memory exercises (it was this very study that kick-started the brain training industry).

Smarter: The New Science of Building Brain Power: Dan ...

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‘Smarter, Faster, Better’: The New Science of Productivity

What follows is a full executive summary of Smarter: The New Science of Building Brain Power by Dan Hurley. PART I: AN INTRODUCTION TO INTELLIGENCE, AND THE BIRTH OF THE NEW SCIENCE OF BUILDING BRAIN POWER. Section 1. An Introduction to Intelligence. 1. Just What Is Intelligence, Anyway? a. Crystallized Intelligence and Fluid Intelligence

#50. A Summary of ‘Smarter: The New Science of Building ...

Smarter questions our understanding of intelligence in this new age of brain-training games. From the traditional adage of “healthy body, healthy mind,” to the latest advances in computerised brain training games, these blinks explore scientifically established methods of improving cognitive abilities.

Smarter by Dan Hurley - blinkist.com

In this excerpt from 'Smarter: The New Science of Building Brain Power,' Dan Hurley compares our intelligence to the mind of the mouse.

Are You Smarter Than a Mouse? Excerpt from Smarter: The ...

Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities.

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“Smarter is an essential read. It’s a riveting look at the birth of a new science as well as a user’s manual for anyone who wants to be better at solving problems, learning new things, and coming up with creative ideas.” —Daniel H. Pink, author of Drive and A Whole New Mind

Smarter by Dan Hurley: 9780142181652 | PenguinRandomHouse ...

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Money, Happiness and the New Science of Smarter Spending ...

He is the coauthor of *Wiser: Getting Beyond Groupthink to Make Groups Smarter* (Harvard Business Review Press, 2015) and author of the New York Times best seller *The World According to Star Wars*.

Making Dumb Groups Smarter - Harvard Business Review

Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities.

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Like. “as more attention is given to distinguishing between pinpoint differences in touch, sound, or sight, the area of the brain devoted to that distinction expands and, in the process, gets better at it.”. — Dan Hurley, Smarter: The New Science of Building Brain Power. 0 likes.

Smarter Quotes by Dan Hurley

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Your host, Ray Hamel, has concocted questions on news topics ranging from politics to business, from culture to sports to science. Questions are multiple-choice, and time is of the essence: You ...

Slate News Quiz: Breonna Taylor, college football, McDonald's.

Science News. from research organizations. 1 2. New data processing module makes deep neural networks smarter Date: September 16, 2020 Source: North Carolina State University Summary:

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