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The competition began in 2017 as the Nigerian Freestyle Football Championship. The next year, it became a continent sports event with over 18 countries participating in the finals in Lagos, Nigeria. MTN is the headline sponsor of Freestyle UNLOCKED Africa 2020. Other sponsors are Valentine

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Extreme sports is a sub-category of sports that are described as any kind of sport "of a character or kind farthest removed from the ordinary or average".

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These kinds of sports often carry out the potential risk of serious and permanent physical injury and even death. [31]

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