

## Gratitude A Way Of Life Louise L Hay

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### Gratitude A Way Of Life

At this time of year, it's tradition to reflect on what we're thankful for, but in order to thrive both personally and professionally, I'd suggest embracing an attitude of gratitude year-round. Here ...

### 5 Easy Ways to Make Gratitude a Part of Your Life

New York City leadership and fulfillment coach Michael Ian Cedar discusses his Facebook group called "Gratitude Slam." ...

### How The Practice Of Gratitude Transformed My Life

Unlike other stories of Jesus' miracles, the focus of this story is not on the healing itself but on what happens before and after the miraculous healing.

### 5 Lessons on Gratitude from Jesus Healing the 10 Lepers

Gratitude may be the most important emotion one can experience as we embark on the holiday season. Giving thanks at Thanksgiving.

### Wayne County Wanderings: Expressing gratitude as we enter the holiday season

Intentionally looking for the good can help you feel more gratitude for the opportunity you've been given and improve your overall mental state.

### 14 Simple Ways To Practice Gratitude In Your Everyday Professional Life

The modern practice of this Thanksgiving holiday here in America is that we are supposed to take the time to think about what we're grateful for. And the candidates are usually pretty obvious: We ...

### One Day Of Thanks Is Not Enough: Gratitude is a Daily Practice

If you want to learn more about practicing gratitude but aren't sure where to start, check out these bestsellers, memoirs, how-tos and more.

### 9 Books On Living Gratefully: 30 Days Of Gratitude

Thanksgiving is here, and it's literally my job to sing praises about the benefits of a regular gratitude practice and encourage you to start one if you haven't already. However, ...

### Commentary/Out of My Mindfulness: Gratitude for gratitude

Oklahoma Hall of Fame honorees for 2021, like Harvey Pratt and Scott Hendricks, expressed appreciation for the gift of gratitude, columnist Jane Jayroe Gamble says.

### Gratitude is a gift, just ask 2021 Oklahoma Hall of Fame honorees

I apologize if this sounds like an imitation of a David Brooks column, but the truth is that a spirit of gratitude motivates precisely the behaviors that a successful economy requires, particularly ...

### A Spirit of Gratitude Is Healthy for Society

Social recognition, promoted by Workhuman, is the act of publicly acknowledging people for their contributions. The company takes it a step further by posing the accolades on internal social media and ...

### Here's A Smart Successful Way To Show Gratitude And Appreciation In The Workplace That Empowers And Uplifts Employees

If you are fortunate enough to travel right now, don't forget to bring along a flexible attitude and some gratitude. Last month, I flew through Hartsfield-Jackson Atlanta International Airport, the ...

### Opinion: Attitude and gratitude go a long way

The card showed up long before Thanksgiving was on the mind of most people. In a cursive hand, inside a neat little card, the correspondent proposed writing a piece in the paper on the subject of ...

### Shawn Vestal: A long life, some ups and downs, and gratitude all the way

Another way that I have found to do this is through making little internal acts of gratitude throughout the day. Gratitude is one of the most important virtues for us to foster in our lives as ...

### 'Rejoice Always': Growing in the Virtue of Gratitude This Thanksgiving

A grateful heart is constantly grateful. If you're grateful for everything – always – you don't leave anything out.

### On Thanksgiving, here's a warning about the word 'gratitude': It's more than a feeling

Gratitude is about incorporating gratefulness into our daily lives, Patti Payne writes, hand in hand with weathering the worst real storms humans can face, both physical and emotional. Both in ...

### Patti Payne: Business leaders radiate feelings of gratitude this season

For the Michigan residents we talked to for this story, the pandemic has changed more than just the holiday celebrations – it has changed what it means to be thankful. Deborah Johnson, a nurse from ...

### Redefining gratitude: How COVID has changed the way we give thanks

As I write this, grief lies heavy on the literary community while word makes its way around that our beloved poet, teacher and friend Robert Bly has passed from this life. There's no gauging the depth ...

### 'For now you are the standing one': So many of us owe a debt of gratitude to Robert Bly

Kenny Braitman has lived a life of gratitude, and, when you hear his story, the reason seems obvious: Fifty-three years ago, he was a young Marine who survived vicious, hand-to-hand combat on a hill ...

### Dan Rodricks: For this Vietnam veteran, living a life of gratitude and growing a legacy in the land | COMMENTARY

Indeed, the 2021 season is not going how any Seahawks fan, executive, coach or player wanted it to go. However, during this Thanksgiving week, let's pause and look at what Seattle fans have to be ...

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